

SAINTS ALIVE!



***The Parish Magazine of
All Saints' Church, North Hillingdon UB10 9BT***



February 2025

£1.



THE PARISH OF ALL SAINTS, NORTH HILLINGDON
UB10 9BT

THE CHURCH OF ENGLAND

Deanery of Hillingdon & Diocese of London

THE PARISH MISSION STATEMENT

All Saints' Church aims to be a welcoming Anglican community, a place of prayer and worship, providing a ministry to all and where people gather to share the love of Jesus Christ.

Normal SUNDAY Times

Said Eucharist **8.00 am**

SUNG PARISH EUCHARIST

with Children's Corner **10.00 am**

*followed by refreshments in the Church Hall next door,
at which **all (and especially any visitors)** are very
welcome.*

One Sunday each month:

Sung Parish Eucharist *in a less formal style* **10.00 am**

Usual HOLYDAY & WEEKDAY Times

The Parish Eucharist on Holydays & Feastdays **7.30 pm**

On weekdays Wednesday **10.00 am**

Please see the Parish Website or the weekly *Parish Bulletin* on the church porch notice-board for full details or telephone the Vicarage (01895 262024).

Parish Website: www.allsaintsnorthhillington.co.uk

Facebook: www.facebook.com/ASHillingdon

Twitter: @ASHillingdon

Enquiries concerning Baptisms, Banns, Marriages or other parish business can be made during **Vestry Hour** in church, which is normally on Saturdays between 10:00 and 11:00. No appointment is needed.

A VIEW FROM THE VICARAGE



“Without vision the people perish” Proverbs 29:18.

A recent Channel 4 survey found that 52 per cent of Gen Z (people between 13 and 27), said “*the UK would be a better place if a strong leader was in charge who does not have to bother with parliament and elections*”. One respondent talked about the ‘West is falling apart’. What is clear is that the younger generation no longer has faith in the UK government to deliver, and longs for strong leadership who will positively lead the nation forward. Without a vision the people perish. We need vision both individually, politically and as a church.

Individually, as Christians, we believe we are heading towards glory, and the purpose of this life is both to enjoy this wonderful creation, face life’s struggles with courage, and be transformed in the person we are meant to be, *Imagio Dei*. We are called to be constantly learning and growing until the day we die.

For Anglican churches, for the last 500 years, the ‘vision’ was that we expected people in the parish to come to church. This *laissez faire* model sort-of worked when there wasn’t so much else to do, and there was cultural pressure to attend, but in reality, only a small percentage of the population, especially in urban areas, ever came to church.

The biblical view of mission is very different. The church, as a Christian community is meant to embody the God’s kingdom on earth, in its worship and relationships, publicly proclaiming Christ as Lord and saviour. In this new community, all divisions are overcome, racial, social, and economic. The Holy Spirit, is essential for this, as only the presence of God enables us to truly love each other, have unity, and to have the courage to publicly witness Jesus.

The proof of the pudding is that people around us are drawn to faith and church and when they see the presence of God in our own lives, and in the loving community they encounter in the church. Do my friends, family members, neighbours, work colleagues see Jesus in me? We all have some way to go on this, so let’s respond by again falling to our knees and asking our Lord and saviour for his grace.

Blessings, Revd Ulric

Articles for the **March 2025** issue need to reach the editor by **Monday 24th February 2025** saintsalive.editor@gmail.com
We shall definitely need some new items for the next edition, please.

Please don’t forget to mention SAINTS ALIVE! when you contact any of the advertisers in this month’s edition. It makes a difference.

EVENTS AT ALL SAINTS CHURCH

**Wednesdays 10:45am Coffee, Cakes and Companionship
in the Hall**

February

Sunday 10am Services Rev. Ulric Gerry

“NHWS Sunday” 10am 9th February

March

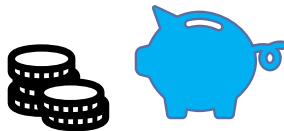
5th Ash Wednesday 7:30pm with imposition of Ashes

“NHWS Sunday” 10am 30th March: - **Mothering Sunday**

This space could be working for **your** business. Our Magazine also appears on the Parish Website –

www.allsaintsnorthhillingdon.co.uk

For **2025** advertising rates, please contact
Rev. Ulric ulricgerry@icloud.com



Have you heard of Uxbridge Amblers Walking Football Club?



Colleen and I recently met with organisers of the 'Uxbridge Amblers Walking Football Club', and hearing about their work across the community made an enormous impact on me.

Founded in August 2014, Uxbridge Amblers is a Walking Football Club for men over 50 years of age, with a membership of 50 players.

Working with the Middlesex County FA, the club has supported the FA's National Walking Football strategy to develop grassroots players and the growth of sessions and clubs across Middlesex.

Off the field though, Uxbridge Amblers work extremely hard to support the local community in Hillingdon, with over £30,000 being raised through their monthly social events.

'Forget Me Not' was a project established in 2019 following partnership work with Hillingdon Council and Disablement Association of Hillingdon.

This project consists of physical activities such as walking football, golf, tennis and boccia, for residents living with dementia and their carers - as well as social interaction over a cup of tea.

The project has proven to have had a very positive impact on the physical and mental health of the participants attending the sessions. One lady we met said no amount of medication would help her in the same way and that she would be in a home if it wasn't for the support of the group.

Over the next two seasons, Middlesex FA, the FA and the Wembley National Stadium Trust have pledged funding to support the growth and expansion of the project, which will see programmes set up in other boroughs across Middlesex.

Mick Geraghty, Founder of the Forget Me Not FC project says: “Over 100 participants each month enjoy being part of a unique family. All our members recognise the importance of the support and shared experience the sessions bring. Over the past 4 years we have seen 90% of our members remain in the family home and enjoy being part of the community in their own right.”

To find out more, do visit the Uxbridge Amblers website.

Anne Robinson

Rosemary's Quiz



DRINK UP

All the answers contain the letters C U P:

1. Played in Wembley in May
2. Small yellow wildflower
3. Holds the breakfast soldiers' dip
4. Often found firing arrows from a water-fountain
5. The guilty one
6. Dennis the Menace's favourite weapon
7. A school gift in 1950's
8. Two people may be a ____
9. Old Mother Hubbard's was bare
10. Needed for your war-time necessities
11. Rest and get better
12. Turn around, add K for a Midsummer's Night Dream

Answers at the bottom of page 13.

Who was Saint Valentine?



Well it's almost that time of year again when we celebrate St Valentine's Day and be you young or old I think we all recognise it and probably at least give our loved one a card or try to be more thoughtful no matter how many years you may have been together.

St Valentine's Feast Day has been celebrated on February 14th since the Middle Ages but he is also the patron saint of beekeepers. Apparently according to legend, he was a beekeeper who loved the creatures and treated them with great care.

He is obviously a very busy saint as along with love and beekeeping he is also the patron saint of epilepsy. He was a Roman priest or bishop who ministered to persecuted Christians in the 3rd century and was martyred around 270. The Roman Catholic Church still recognises him as a saint even though he was removed from their General Roman Calendar in 1969 due to a lack of reliable information.

However I think whatever the truth may be for most of us, he will still be the saint of love and we will eagerly await that envelope that hopefully will land on our doormat on February 14th!

Lesley Thompson

**Hillingdon's
Warm Welcome Centres**

We're a warm, free, safe space.
Join us at Oak Farm for the below events:

Coffee mornings
Every other Friday 10.30am to midday

Knit and Crochet group
Wednesday 1pm to 3pm and Fri 11am to 1pm

Men's game group
Monday 5pm to 7pm and Friday 2pm to 3pm

Family Board games
Ask staff to access our selection of board games

Crafty Creators group (Children)
Last Saturday of the month, 10.30-11.30am

H4All
stronger together

There are many reasons to visit your local library including free access to books, information, digital newspapers and magazines, entertainment, and warm community spaces.

At **Oak Farm Library**, on the corner of Long Lane and Sutton Court Road, there weekly activities include a popular reading group, free exercise classes for the over 65s, and 'Dementia Friends Reminiscence' sessions (Thursdays). Ask a member of staff for more information or give them a call on **01895 556242**.

Opening times:

Mon, Thurs (late opening) 10am to 7pm
Tues, Weds, Fri 10am to 5pm
Sat 10am to 4pm
Sun CLOSED



St. Helen's College

A leading independent school in Hillingdon for boys and girls aged 2 to 11.

At St. Helen's College your child will benefit from:

All-Round Excellence

With small class sizes, pupils achieve superb results in academic subjects, sports, music and drama.

Investing In Their Future

We provide excellent preparation for top senior school destinations, including grammar and independent schools.

Wraparound Care When You Need

With breakfast, after school and holiday clubs available, children thrive at St. Helen's College!

Come And See Excellence In Action!

School at work
Open Morning on
Wednesday 26th
February.

Scan the QR code
to book your place:

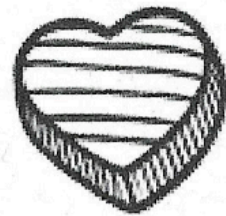
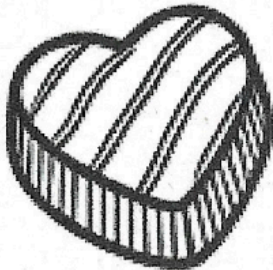


**Register Now
For 2+, 3+ and
4+ Entry in
September 2025**

Parkway, Hillingdon, Middlesex UB10 9JX
01895 234371 | admissions@sthelenscollege.com

Valentine Chocolates

W C G B G A
 K X U N V V J S O D
 E D E P I B L W R M E C A R
 T E S C D I T E E W S I O R A
 I S S A D T Q E I S C K C K G
 H S U K U T S E I N W O R B U
 W E O E P E Y E U D N O F H S
 R M A E R C E C I D C P G
 T P V K S F G N I K A B L
 F Z L W S P I H C E Z
 H I E G D U F C A
 M E Y D N A C
 T A E R T
 T B V
 L



WORD LIST

BAKING	COCOA	FONDUE	PUDDING
BITTERSWEET	COOKIES	FUDGE	SUGAR
BROWNIES	CUPCAKE	ICE CREAM	SWEET
CANDY	DARK	MILK	TREAT
CHIPS	DESSERT	MOUSSE	WHITE

Homemade
GIFTS MADE EASY

Answers at the bottom of page 13.



HAVEN

Funeral Services.

Our dedicated teams at our Acton, Hayes, Hillingdon and Northwood Hills funeral homes are committed to creating tailored funerals that reflect the unique life of your loved one. We can be contacted 24 hours a day, by telephone, and are here to discuss your needs. Or if you prefer, we can visit your home to discuss funeral arrangements.

390 Long Lane, Uxbridge UB10 9PG
01895 540154

Easy Valentine's Cupcakes



Ingredients

150g pot natural yogurt
3 eggs (beaten)
1 tsp vanilla extract
175g golden caster sugar
140g self-raising flour
1 tsp baking powder
100g ground almonds
175g unsalted butter

For the white chocolate frosting:

100g white chocolate
140g unsalted butter
140g icing sugar

Method

Line a 12-hole muffin tin with paper cases and heat oven to 190C/fan 170C/gas 5. In a jug, mix the yogurt, eggs and vanilla extract. Put the dry ingredients, plus a pinch of salt, into a large bowl and make a well in the middle.

Add the yogurty mix and melted butter, and quickly fold in with a spatula or metal spoon – don't overwork it. Spoon into the cases (they will be quite full) and bake for 18-20 mins or until golden, risen and springy to the touch. Cool for a few mins, then lift the cakes onto a wire rack to cool completely.

White chocolate frosting: Melt the chocolate in the microwave on High for 1½ mins, stirring halfway. Leave to cool. Beat the butter and icing sugar in a large bowl until creamy. Beat in the chocolate.

Spread frosting over the cupcakes and decorate (optional).

Top tip: If you want a cake to cut, make a batch of batter and bake in a lined, deep 20cm round cake tin at 190C/fan 170C/gas 5 for 40-45 mins.

Pretty Izzy Dolls and Teddy Bears



In Canada, Izzy Dolls are knit in recognition and memory of Master Corporal Mark Isfeld, who lost his life to a landmine explosion in Croatia in 1994.

Mark's mother created the Izzy doll for his unit to share with children during their work in peacekeeping. His legacy is explained online.

Variations of Izzy Dolls, or comfort dolls, are welcomed by many volunteer organisations, both locally and overseas.

HPIC (Health Partners International Canada – <https://www.hpicanada.ca/>) use the dolls instead of packaging materials to protect medical supplies that are distributed to relief clinics in areas of need around the world. The dolls are given to children who attend the clinics.

I have enjoyed knitting the latest additions to my Teddy family... and they're multiplying!

Jane



Support The Mayor's Race Night



RNA Uxbridge presents a Fun Race night in aid of The London Borough of Hillingdon's Mayor's Charities.

Our Mayor Cllr Colleen Sullivan will be at the event on Saturday 22nd February 2025 and the first race is off at 8pm.



On the evening you can have a little flutter and try and win a few bob by cheering your horse over the line.

The tote opens at 7.45pm so take your seats early and secure the best seats in the house.

This event is not to be missed so come on down and let's raise loads of money for the Mayor's charities.

Valentine Chocolates

W C G B G A
 K X U N V V J S O D
 E D E P I B L W R M E C A R
 T E S C D T E E W S I O R A
 I S S A D T Q E I S C K C K G
 H S U K U T S E I N W O R B U
 W E O E P E Y E U D N O F H S
 R N A E R C E C I D C P G
 T P V K S F G N I K A B L
 F Z L W S P I H C E Z
 H E G D U F C A
 M E Y D N A C
 T A E R T
 T B V
 L

WORD LIST

BAKING	COCOA	FONDUE	PUDDING
BITTERSWEET	COOKIES	FUDGE	SUGAR
BROWNIES	CUPCAKE	ICE CREAM	SWEET
CANDY	DARK	MILK	TREAT
CHIPS	DESSERT	MOUSSE	WHITE

Homemade
GIFTS MADE EASY

Quiz answers

1. F.A. Cup Final
2. Buttercup
3. Egg cup
4. Cupid
5. Culprit
6. Catapult
7. Coronation Cup
8. Couple
9. Cupboard
10. (Ration) Coupon
11. Recuperate
12. Puck



GARDENING TIPS FOR FEBRUARY PLANT BULBS NOW FOR SUMMER COLOUR

February is a good time to catch up with tidying and clearing in your garden and planning for the new growing season ahead.

- ✓ If you opted for a pot grown Christmas tree, now is a good time to plant it in your garden.
- ✓ Tidy your borders by clearing dead foliage and the last of any fallen leaves. Take care not to damage emerging roots and shoots.
- ✓ If you are planning to grow your own potatoes now is a good time to chit your first early seed potatoes - allow them to sprout by placing in an egg box in a bright frost-free place before planting.

Summer flowering bulbs will be available. Consider colour combinations to create the look you want in your garden this summer. Whether you like bright colours in zingy shades, or prefer softer tones, there's something for everyone.

- ✓ Combining lots of different colours creates a high-impact display.
- ✓ Mixing similar shades forms a balanced, harmonious look.
- ✓ Pairing contrasting colours develops a display with real stand out.
- ✓ Create wow-factor with one colour for a bold designer look.

ALL SAINTS' CHURCH
NORTH HILLINGDON, MIDDLESEX UB10 9BT
PARISH DIRECTORY

Parish Priest	Revd' Ulric Gerry	01895 262024
Churchwarden <i>Emeritus</i>	Mr Ken Marriott 95 Windsor Avenue UB10 9AX	01895 238368
Churchwardens	Mr John Clarke 91 Victoria Avenue UB10 9AJ Mrs Lesley Thompson 1 Sedgwick Avenue UB10 9DF	01895 812374 07742 236 667
Safeguarding Officer	Mrs Jane Turnbull	jttutor@hotmail.co.uk
Keeper of PCC Accounts	Mr Kevin Ogilvie Charity Bookkeeping	Charitybookkeeping@outlook.com
PCC Secretary	Mrs Anna Hillier 8 Hartshill Close UB10 9LH	01895 253815
Free-Will Offering Secretary	Mr John Arnold 33 Midhurst Gardens UB10 9DL	01895 259716 <i>John.Arnold</i> <i>@microsoft.com</i>
Hall Bookings' Secretary	Miss Samantha Langley 91 Victoria Avenue UB10 9AJ	Asnh.hallhire@outlook.com 01895 812374
Electoral Roll Officer	Mrs Anne Robinson	<i>anne.robinson82</i> <i>@btopenworld.com</i>
Music Co-ordinator	Mrs Jane Turnbull	jttutor@hotmail.co.uk
Sacristans	Mrs Ann Tutton	01895 239785
S/School Resources' Co-ordinator	Mrs Jane Turnbull	

SAINTS ALIVE! is the Parish Magazine of All Saints' Church, North Hillingdon UB10 9BT and is published eleven times annually, with a two-month edition over the summer.

Any opinions expressed in articles in *Saints Alive!* do not necessarily reflect the views of the Editor or of the Parochial Church Council of All Saints.

