# All Saints' North Hillingdon 21<sup>st</sup> JULY 2024 Year B



In the Gospel of Mark, we see Jesus and his disciples seeking rest after their ministry, but they are met by a large crowd. Jesus, moved by compassion, teaches them many things. This passage highlights Jesus' deep empathy and his dedication to guiding and nurturing the people, even when he and his disciples are in need of rest.

Reflecting on this, we can consider the importance of compassion in our own lives. Jesus' example encourages us to be attentive to the needs of others, even when we are busy or tired. It also reminds us of the value of spiritual nourishment and the importance of taking time to teach and support those around us.

# NHWS HYMNS AT 10 O'CLOCK

Gathering 151 Judge eternal, throned in

splendour

Gradual 28 Blessed assurance, Jesus is

mine

Offertory 115 I cannot tell - omit v2
Comm 245 Sweet Sacrament divine
Sending 85 God of grace and God of glory

of ood of grace and ood of giory

Psalm 23

# **Notices This week**

Wednesday 24th July 10am	Revd Ulric
service	
Sunday 28 <sup>th</sup> July	Revd Ulric
8 & 10am	
Sunday October 27 <sup>th</sup> @	John Arnold
5pm Fireworks display	In Church gardens
Saturday 23 <sup>rd</sup> November All	In Church Hall
Saints Christmas Bazaar	12-3pm



# THIS WEEK'S INTENTIONS

We hold in your presence all who are being cared for in this parish, for the staff at the care homes for their care and dedication. We name before you all those with particular needs who have asked for our prayers;

David Rance ,Joan Taylor, Linda White, Daphne Dix; Macey Ann Brazil, Veronica Samuels, Gill Mayer; Beverly Leavy, Hazel & Helen Parris, , Lynn Taylor, Mark Callaghan, Susie Bromham, Georgie Isaiah, Marion Fogell and John Clarke.

May they know your presence with them, and that you are their strength, their healing, and their salvation.

We remember before God those who have died recently: *Leroy* 

Give strength to those who are left to grieve and help us to share in each other's sorrow.

For those whose anniversary falls at about this time;

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<b>21</b> <sup>st</sup>	Jim Boyle
24 <sup>th</sup>	Norman Edington David Sullivan
25 <sup>th</sup>	<b>George Young</b>
26 <sup>th</sup>	Doris Cotterill Dora Goatley Simon Egan
27 <sup>th</sup>	<b>Edith Thorne</b>





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AND COMPANIONSHIP
MORNINGS.

EVERY WEDNESDAY
MORNING FROM 10.45 -12.45
Starting on MAY 15th at ALL SAINTS
CHURCH HALL, LONG LANE
HILLINGDON, UB10 9PE

#### COLLECT

Almighty Lord and everlasting God, we beseech you to direct, sanctify and govern both our hearts and bodies in the ways of your laws and the works of your commandments; that through your most mighty protection, both here and ever, we may be preserved in body and soul; through our Lord and Saviour Jesus

who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

#### FIRST READING

Either Jeremiah 23:1-6

A reading from the book of the prophet Jeremiah.

Woe to the shepherds who destroy and scatter the sheep of my pasture! says the LORD. Therefore thus says the LORD, the God of Israel, concerning the shepherds who shepherd my people: It is you who have scattered my flock, and have driven them away, and you have not attended to them. So I will attend to you for your evil doings, says the LORD. Then I myself will gather the remnant of my flock out of all the lands where I have driven them, and I will bring them back to their fold, and they shall be fruitful and multiply. I will raise up shepherds over them who will shepherd them, and they shall not fear any longer, or be dismayed, nor shall any be missing, says the LORD. The days are surely coming, says the LORD, when I will raise up for David a righteous Branch, and he shall reign as king and deal wisely, and shall execute justice and righteousness in the land. In his days Judah will be saved and Israel will live in safety. And this is the name by which he will be called: "The LORD is our righteousness."

## Or 2 Samuel 7:1-14a

# **PSALM Psalm 23**

R I will dwell in the house of the Lord for ever.

The Lord is my shepherd; therefore can I lack nothing. He makes me lie down in green pastures and leads me beside still waters. R

He shall refresh my soul and guide me in the paths of righteousness for his name's sake. Though I walk through the valley of the shadow of death, I will fear no evil; for you are with me; your rod and your staff, they comfort me. R

You spread a table before me in the presence of those who trouble me; you have anointed my head with oil and my cup shall be full. Surely goodness and loving mercy shall follow me all the days of my life, and I will dwell in the house of the Lord for ever. R

#### SECOND READING

#### Ephesians 2:11-end

A reading from the letter of Paul to the Ephesians.

Remember that at one time you Gentiles by birth, called "the uncircumcision" by those who are called "the circumcision" - a physical circumcision made in the flesh by human hands - remember that you were at that time without Christ, being aliens from the commonwealth of Israel, and strangers to the covenants of promise, having no hope and without God in the world. But now in Christ Jesus you who once were far off have been brought near by the blood of Christ. For he is our peace; in his flesh he has made both groups into one and has broken down the dividing wall, that is, the hostility between us. He has abolished the law with its commandments and ordinances, that he might create in himself one new humanity in place of the two, thus making peace, and might reconcile both groups to God in one body through the cross, thus putting to death that hostility through it. So he came and proclaimed peace to you who were far off and peace to those who were near; for through him both of us have access in one Spirit to the Father. So then you are no longer strangers and aliens, but you are citizens with the saints and also members of the household of God, built

upon the foundation of the apostles and prophets, with Christ Jesus himself as the cornerstone. In him the whole structure is joined together and grows into a holy temple in the Lord; in whom you also are built together spiritually into a dwelling-place for God.

#### GOSPEL Mark 6:30-34. 53-end

Hear the gospel of our Lord Jesus Christ according to Mark.

The apostles returned from their mission. They gathered around Jesus, and told him all that they had done and taught. He said to them, "Come away to a deserted place all by yourselves and rest a while." For many were coming and going, and they had no leisure even to eat. And they went away in the boat to a deserted place by themselves. Now many saw them going and recognized them, and they hurried there on foot from all the towns and arrived ahead of them. As he went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things. When they had crossed over, they came to land at Gennesaret and moored the boat. When they got out of the boat, people at once recognized him, and rushed about that whole region and began to bring the sick on mats to wherever they heard he was. And wherever he went, into villages or cities or farms, they laid the sick in the market-places, and begged him that they might touch even the fringe of his cloak; and all who touched it were healed.

## **POST COMMUNION**

Strengthen for service, Lord, the hands that have taken holy things; may the ears which have heard your word be deaf to clamour and dispute; may the tongues which have sung your praise be free from deceit;

may the eyes which have seen the tokens of your love shine with the light of hope;

and may the bodies which have been fed with your body be refreshed with the fullness of your life; glory to you for ever.



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